

AUGUST | 2019

CHILDREN'S OUTREACH MINISTRIES



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1 B~ plain bagel, w/cream cheese, strawberries, milk L~ bologna/cheese sandwich, carrot sticks, baked plain chips, grapes, milk S~ pretzel sticks, string cheese, water	2 B~ kix cereal, applesauce, milk L~ cheese stuffed ravioli, garden salad, diced pineapple, milk S~ multi-grain cheerios, blueberries, water	3
4	5 B~ cheese toast, fruit cocktail, milk L~ pork chops, mashed potatoes, green beans, rolls, milk L~ saltines, cuties, water	6 B~ toasted raisin bread, diced pears, milk L~ deli chicken & cheese sandwich, cucumber slices, cantaloupe, pretzels, milk S~ strawberry chex mix, apple slices, water	7 B~ pancakes, blueberries, milk L~ ham & cheese sandwich, carrot sticks, cuties, baked chips, milk L~ yogurt cups, bananas, water	8 B~ sausage links, biscuit, diced peaches, milk L~ turkey & cheese skinnies, multi-peppers, sun chips, kiwi, milk S~ animal crackers, strawberries, water	9 B~ dunkin stick, banana, milk L~ soft beef tacos, w/cheese, lettuce, tomatoes, steamed corn, tropical fruit, milk S~ grapes, soft pretzels, cheese sauce, water	10
11	12 B~ rice krispies, applesauce, milk L~ honey battered tenders, oriental veggies, fruit cocktail, eggrolls, milk S~ tortillas & salsa, cheese cubes, water	15 B~ ham slices, toast, diced apples, milk L~ ham & cheese sliders, celery sticks, veggie straws, oranges, milk S~ teddy grahams, diced peaches, water	14 B~ egg patty, biscuit, mandarin oranges, milk L~ roast beef & swiss sub, cucumber slices, apples, baked bbq chips, milk S~ cuties, rice chex, water	15 B~ apple muffin, banana, milk L~ deli chicken & cheese sandwich, carrot sticks, grapes, veggie straws, milk S~ watermelon, multi-grain cheerios, water	16 B~ strawberries shredded wheat, applesauce, milk L~ biscuit, egg patty, sausage link, hash brown, diced apples, milk S~ cheddar chex mix, string cheese, milk	17
18	19 COM CLOSED	20 COM CLOSED	21 B~ pancake on a stick, diced pineapple, milk L~ baked chicken, rolls, seasoned potatoes, cauliflower/broccoli medley, milk S~ corn chex, yogurt cup, water	22 B~ cornflakes, applesauce, milk L~ hotdogs, fries, watermelon, milk S~ goldfish, string cheese, water	23 B~ blueberry muffin, diced apples, milk L~ pizza, garden salad, diced pineapple, milk S~ wheat thins, red pepper hummus, water	24
25	26 B~ cinnamon toast crunch, diced peaches, milk L~ chicken fries, star hash browns, corn on cob, yogurt, milk S~ gold fish, cheese cubes, water	27 B~ sausage link, toast, diced apples, milk L~ spaghetti, meatballs, steamed broccoli, garlic toast, tropical fruit, milk S~ wheat thins, diced turkey, water	28 B~ French toast sticks, fruit cocktail, milk L~ ham and cheese sub, baked chips, cucumber slices, mandarin oranges, milk S~ trail mix, cheese sandwich, water	29 B~ donut stick, applesauce, milk L~ shrimp, baby bakers, green beans, rolls, milk S~ tortilla chips, salsa, string cheese, water	30 B~ rice krispies, banana, milk L~ bologna sandwich, grapes, carrot sticks, lays chips, milk S~ rice cakes, cuties, water	31